

# **REFLEXOLOGY NEW ZEALAND**

Diploma of Reflexology

Module 2 Descriptor

## **REFLEXOLOGY IN A CLINICAL SETTING**

Hours: 190  
Credits: 19  
Level: 6  
Co requisite: Anatomy & Physiology – 300 hours at Level 4 from a NZQA accredited provider.

Class contact hours:	45
Unsupervised learning hours:	145
Total hours:	190

To maximize learning 80% classroom attendance is required.

**Aim** People credited with this module are able to :

Safely and competently give a reflexology treatment to a client.

**Learning outcomes** On successful completion of this module the student will:

1. Apply client care in reflexology treatment.
2. Use knowledge of one or more reflexology frameworks in assessment of client.
3. Develop treatment plan and perform reflexology treatment.
4. Evaluate effectiveness of the treatment.

**Content** to include but not limited to :

Reflexology's scope of practice including legal and professional boundaries, and limits of education. Preparation of the environment, reflexologist and client. Development of client/reflexologist relationship. Reflexology and assessment frameworks, observation and palpation of feet, biomechanics. Treatment planning and rationale. Techniques for performing a treatment. Evaluating treatment.

19/8/08

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