

REFLEXOLOGY NEW ZEALAND

Diploma of Reflexology

Module 8 Descriptor

HUMAN DISEASES & DISORDERS IN A REFLEXOLOGY CONTEXT

Hours: 100

Credits: 10

Level: 4

Co/ Pre requisites: Anatomy & Physiology – 300 hours Level 4 from a NZQA accredited provider

Delivery:	Class contact hours:	15
	Self Directed Learning hours:	85
	Total hours:	100

To maximize learning 80% classroom attendance is required.

Aim: People credited with this module are able to:
demonstrate knowledge of terminology in the study of diseases and disorders in order to better understand health information presented by the client; explain diseases and disorders of the human body in a way that informs reflexology practice and describe what may be observed or palpated on the feet or hands for particular diseases or disorders.

Learning outcomes: On successful completion of this module the student will:

1. Identify the structure and function of healthy body systems.
2. Outline a minimum of 4 examples of pathophysiology relevant to each body system.
3. List signs and symptoms of each disease or disorder.
4. Demonstrate some of the ways in which these diseases and disorders can be managed with reflexology.

Content: to include but not limited to :

Common Terms associated with the study of disease defined as : signs, symptoms, diagnosis, prognosis, heredity, congenital, idiopathic, localized, systemic, acute, chronic, iatrogenic and environmental. Explain common diseases or disorders from each of the body systems – musculoskeletal,

integumentary, respiratory, cardiovascular, digestive, nervous, reproductive, urinary, lymphatic, and endocrine.

Possible causes identified for each nominated disease or disorder which may include but is not limited to – heredity, lifestyle, stress, environmental, ageing, physical trauma, emotional trauma, chemical, bacterial, viral and fungal.

Possible evidence of dysfunction that may be observed or palpated on the feet or hands for each of the diseases or disorders, including but not limited to – temperature, texture, colour, condition of soft tissue, condition of reflexes, clinical signs (e.g. conditions or changes in bony structures of feet or hands), clients experience of pain or discomfort or absence of sensation.

19/8/08