

# **DIPLOMA OF REFLEXOLOGY**

## **INTRODUCTION**

In New Zealand the educational journey to a qualification in Reflexology has a history of varying routes to varying qualifications, ranging from a Certificate or Diploma in Reflexology to situations where Reflexology is embedded in a linked qualification, such as massage therapy. This has meant that there is a two step process for graduates to work through to attain professional membership with Reflexology New Zealand (RNZ). The first step is for the students to meet the requirements of the educational provider to become a graduate. The next step is for them to then demonstrate that they meet RNZ standards for professional membership.

RNZ aims to streamline this process by offering the education providers a structured curriculum for a Diploma of Reflexology. It consists of nine modules, that once completed to the satisfaction of the education provider, will enable a graduate to meet the RNZ standards for professional membership. These will become the minimal standards for membership of RNZ from July, 2010.

## **AIMS OF THE DIPLOMA OF REFLEXOLOGY**

The Diploma of Reflexology aims to prepare graduates who will:

1. Practice within the professional, ethical and legal parameters of Reflexology.
2. Use Reflexology knowledge and skills to provide safe, effective and competent treatments to clients.
3. Communicate effectively with clients of Reflexology.
4. Practise Reflexology from a holistic perspective.
5. Be responsible for their own continuing professional development.
6. Review and evaluate the appropriateness of their practice.
7. Have an understanding of small business management skills.
8. Meet the required standards for professional membership of Reflexology New Zealand.

See Table 1, Diploma of Reflexology Standards Module Hours, for a breakdown of the modules and suggested minimum contact and self directed hours. These hours have been “benchmarked” against the standards for ITEC to give some international alignment.

Also attached are the nine module descriptors as guides for the education providers. It is expected that each College/School will deliver the suggested material in a unique way that reflects their particular philosophy and strengths. It is also expected that there will be linking made all the way through the course delivery between the modules. The overall aim however is that the graduate has met the above learning outcomes.